## P.E.I Blue Mussels

... sweetest tasting mussels worldwide

P.E.I. mussels are, indisputably, the sweetest tasting mussels in the world! The Crisp, clear waters of the North Shore make all the difference in producing a quality flavour. Tidal waters constantly refresh the food supply that Confederation Cove Mussels need to grow to market size.







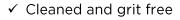
Amount Per Serving				
Calories 146	Calories from	Fat 34		
	% Daily V	alue*		
Total Fat 4g		6%		
Saturated Fat 1g		49		
Trans Fat				
Cholesterol 48mg		169		
Sodium 314mg		139		
Total Carbohydrate 6g		29		
Dietary Fiber 0g		09		
Sugars				
Protein 20g				
Vitamin A	5% • Vitamin C	199		
Calcium	3% • Iron	329		

your calorie needs



## P.E.I Mussels

- ✓ 100% Canadian cultured Blue Mussels
- ✓ Packed 20/1 lb bags frozen
- ✓ Fully cooked for quick preparation, in less than 10 minutes



- ✓ Terrific meat fill and flavour
- ✓ Sustainable under Oceanwise program





Product #	Description	Pack
0527	17/22ct Blue Mussel	20/1lb

